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# Hajj and Umrah Master Travel List

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## Toiletries

- Toothbrush & Toothpaste
- Miswak (best while in Ihram)
- \*Travel Soap- **Fragrance Free**
- \*Deodorant – **Fragrance Free**
- Face wash- **Fragrance Free**
- Shampoo- **Fragrance Free**
- Q-tips
- Towel (optional)

## Hair (for Women)

- Rubber bands /Hijab pins
- Hair brush (**do not use when in Ihram**)
- Cotton Hijabs / Cotton Hijab headband

## Clothes

- Pack light - Few outfits
- 2 Ihram for women (Abiyya)
- 2 Ihrams for men & Ihram belt
- 2 sets of pajamas
- Sandals (2pair) / Shoes (not needed)
- Undergarments
- Light Jacket or Shawl

## Health and Hygiene

- \*Tylenol / Advil & Cold Medicine
- \*Vitamin- C Boost packets
- \*Cough drops
- \*Sanitary Pads / Liners (**fragrance free**)
- \*Neosporin / Band-Aids
- \*Lotion -(**fragrance free**)
- \*Vaseline (recommended)
- \*Sunscreen – **Fragrance Free**
- Contacts / case / glasses
- Contact Solution
- Antibacterial Wipes)-(**fragrance free**)
- Allergy Med., Nausea med.
- Muscle Relief Cream– **Fragrance Free**
- Tums & Imodium

- Throat spray
- Chapstick

## Don't Forget!!

- Hajj Books, Quran, Dua books
- List of important dua's
- Travel prayer rug & Tasbeeh
- Phone / charger / volt converter
- Disposable bags for shoes
- Safety pins (large and small)
- Travel Scissors
- Snacks: Energy Bars, dried fruits, nuts

## Extras for Hajj ONLY

- \*Backpack
- \*Umbrella
- \*Bed sheet, Blanket, Small pillow
- \*Toilet Paper
- Zip-locks for collecting pebbles
- Mini Flash Light & Compass
- Refillable Water Bottle
- Door Hook
- Mini sewing kit
- Mini- note pad & Pen

## Important Docs

- Tickets
- Itinerary
- License / ID
- Passport
- Copy of ID's in all bags
- Import phone numbers
  - Travel agent
  - Group members
  - Hotel number
- Money (for travel and donation)